



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course The Anchorage Mile Distance 1 mile  
 Location (state) Alaska (city) Anchorage  
 Type of course: road race  calibration  track  Configuration: 1.5 loops  
 Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
 Elevation (feet above sea level) Start 90 Finish 90 Highest 90 Lowest 90  
 Straight line distance between start & finish 120 m Drop 0 m/km Separation 7.5 %  
 Measured by (name, address, phone & e-mail) Heidi Beer, 3711 Resurrection Dr., Anchorage  
AK 99508 (907) 764-1516, triheidibeer@gmail.com  
 Race contact (name, address & phone) Toby Widdicombe, English, UAA, Anchorage, AK 99508  
(907) 980-9781, twiddicombe@gmail.com  
 Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: June 14 & June 30, 2013  
 Race date: Aug. 17, 2013 Course certification effective date: July 1, 2013  
 Replaces: n.a. (if applicable) Certification code: AK13002FW

Notice to Race Director  
 Use this Certification Code in *all* public  
 announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

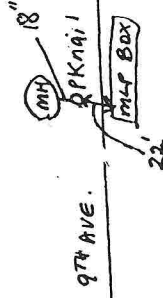
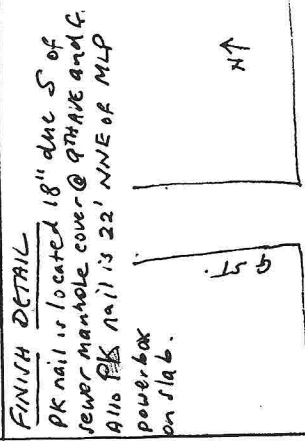
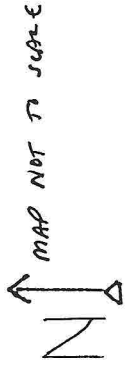
***This certification expires on December 31 in the year*** **2023**

**AS NATIONALLY CERTIFIED BY:**

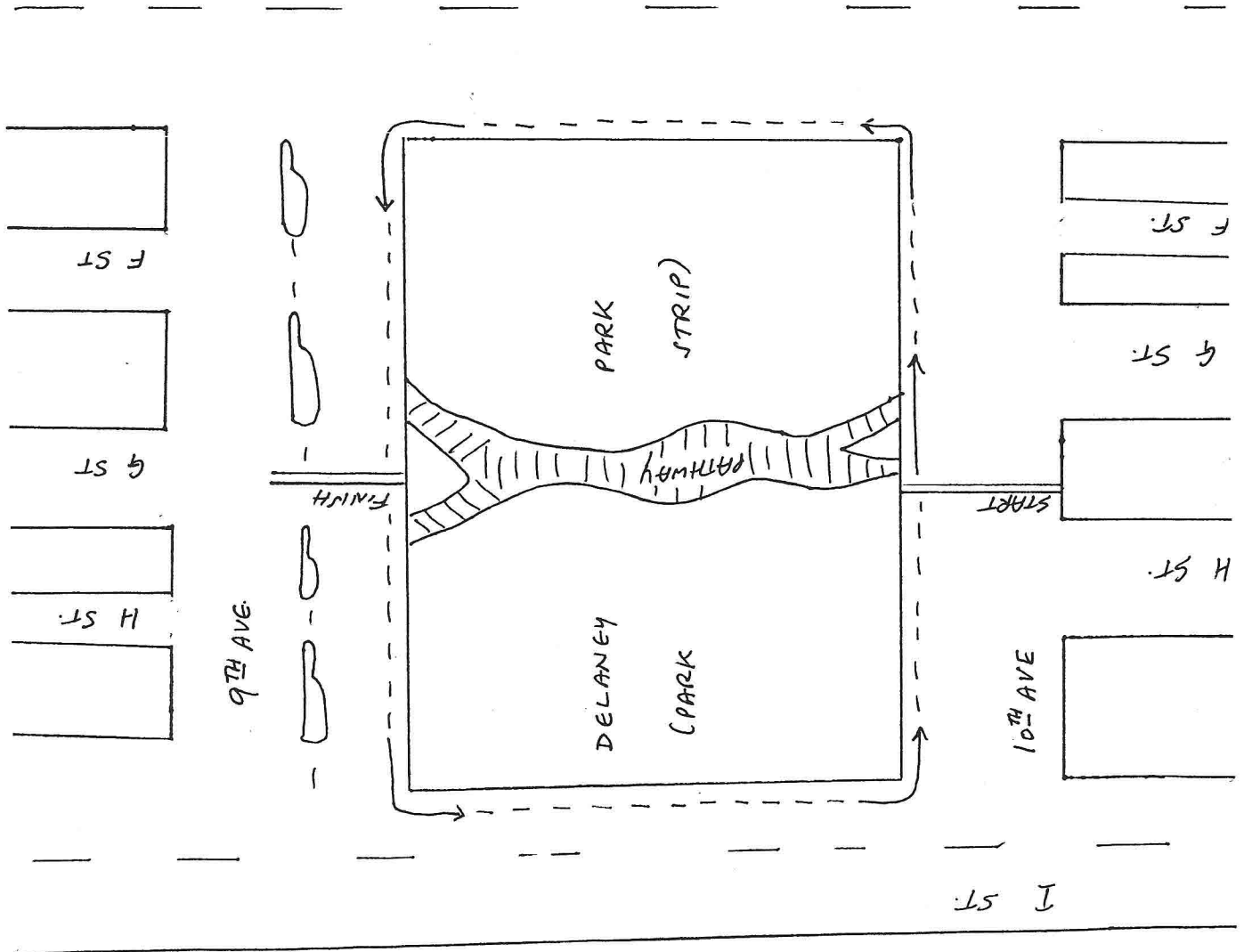
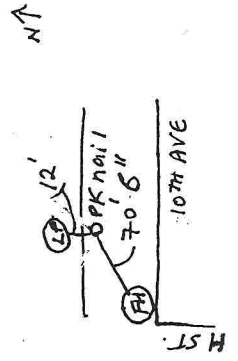
*Frederic H. Wilson* Date: Sept. 30, 2013  
 Frederic H. Wilson – USATF/RRTC National Certifier  
 2420 Glenwood St., Anchorage AK 99508, (907) 279-2773, uphere@alaska.net

# AK13002FW Expires end of 2023

NOTE: ONE MILE = 1.5 LAPS OF THE COURSE



PK nail is located 7' from curb on N side of 10th Ave, and 70.6' from Fire Hydrant (FH) at SE corner of 10th Ave. and H. PK nail is also 12' due S of light-pole



TWD  
3.1.13

OFFICIAL ROUTE OF "THE ANCHORAGE MILE"  
—MEASURED FOR CERTIFICATION BY HEIDI BEER  
& TOBY WIDDI COMBE. JUNE 14, 2013. REV. JUNE 30, 2013